

# 944

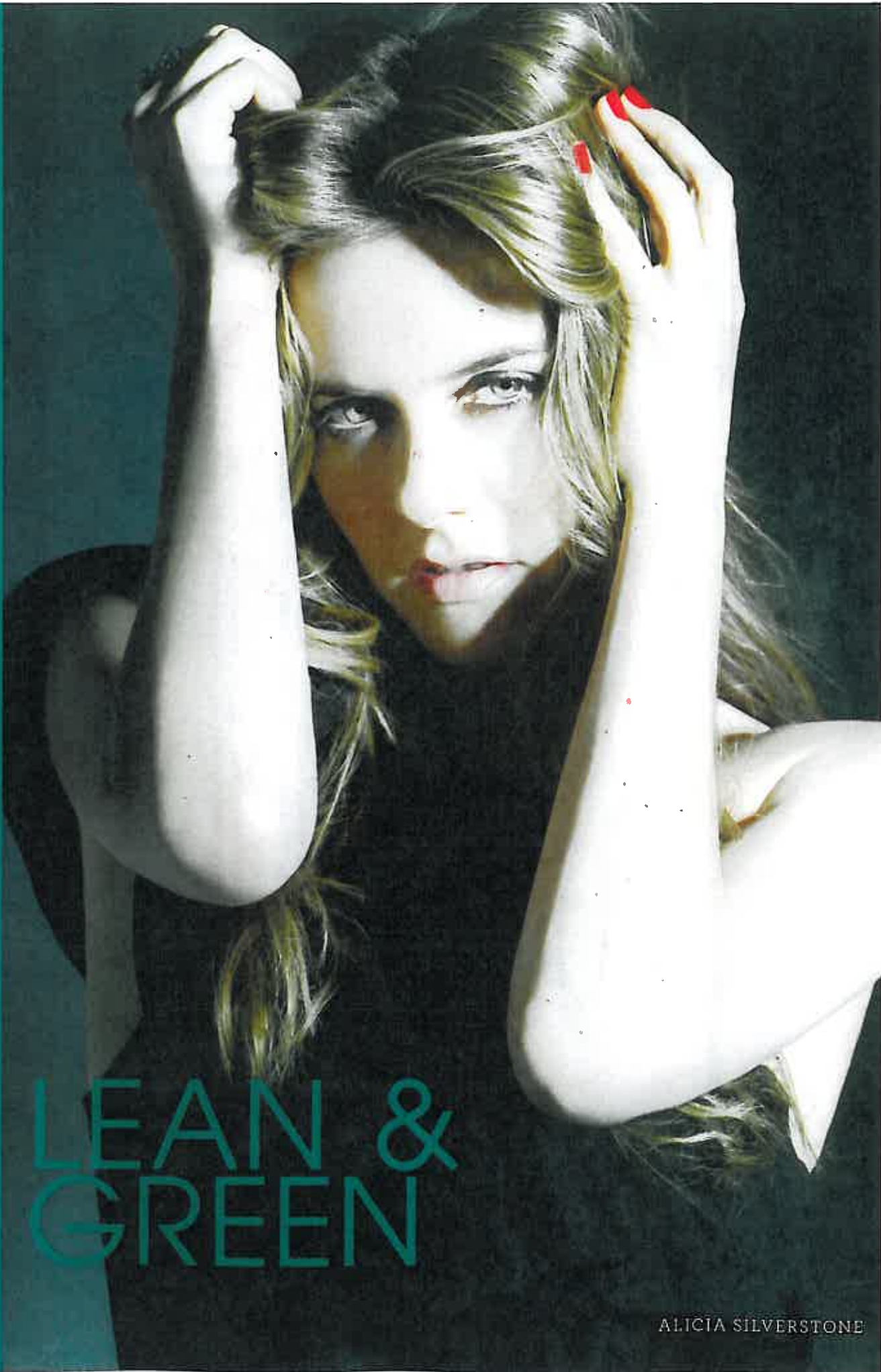
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# LEAN & GREEN

ALICIA SILVERSTONE



# The INSIDE DISH

## YOUR MONTHLY GUIDE TO THE GASTRONOMIC GOOD LIFE

by NICOLE QUIROZ

### So Good it Hurts

If **Alchemy** operates to the true definition of its name, then we're all in for quite a tasty ride. The homey, yet modern, establishment is one of the newest restaurants to call South Park home. Serving up new American cuisine, the restaurant already has devoted locals raving about its perfectly seasoned sea bass, juicy burgers and sinful desserts.

1503 30th Street, South Park | 619.255.0616 | [www.alchemysandiego.com](http://www.alchemysandiego.com)

### Blinded By Beer

If justice is blind, then so is the beer at brand-new **Blind Lady Ale House**. Located in Normal Heights, it's a beer connoisseur's dream. Blind Lady introduces patrons to a wide selection of local and international favorites on tap. And what goes better with beer than a slice of pie? Word around town is that the butternut squash pizza is a must.

3416 Adams Avenue, Normal Heights | 619.255.2491  
[www.blindladyalehouse.com](http://www.blindladyalehouse.com)

### Extreme Makeover

Work has begun at **Bali Hai**, which is getting a \$3 million facelift. The project, headed by Graham Downes Architecture, will encompass the original 19,500-square-foot space. A new 2,000-square-foot, multi-function pavilion will be added for events, further elevating the property's long-held stance as the perfect spot for outdoor patio dining and wedding ceremonies. The new Bali Hai will be finished by June 2010 — just in time for wedding season next summer.

2230 Shelter Island Drive, Shelter Island | 619.222.1181  
[www.balihairrestaurant.com](http://www.balihairrestaurant.com)



Visit the new Hilton San Diego Bayfront restaurant to be a dining destination for SD's local's and visitors.

### Urbanizing Passover

Step into **Urban Solace** with Chef Matt Gordon and San Diego's first "Urban Seder." On April 8, Gordon will create an Urban Seder dinner by presenting a traditional Passover Seder, followed by a four-course meal. The dinner will include gefilte fish, matzah balls with jidori chicken consommé, braised short ribs and lemon blackberry cake. Our mouths are salivating just thinking about it. Oh, and visitors don't need to practice Judaism to enjoy the festivities.

3823 30th Street, North Park | 619.295.6464 | [www.urbansolace.net](http://www.urbansolace.net)

### Vino Italiano

Still looking for that one wine spot that's reminiscent of the fine wine bars in Italy? **Bianco Rosso** makes those dreams come true. Sitting pretty on Fourth Avenue in Hillcrest, this brand-new bar's no-frills approach to wine is garnering a strong following. Buy it by the bottle or by the glass; pair it with a cheese platter or try something off the menu. This Hillcrest newbie is fairly under the radar, so be sure to try it out soon before word spreads too fast.

3841 Fourth Avenue, Hillcrest | 619.325.0122

### Sail Away

The signature restaurant of the new Hilton San Diego Bayfront hotel, **Vela** (Latin for "sail") promises to highlight the flavors of the coastlines around the world in a chic and comfortable environment. In keeping with the global coastal cuisine, the restaurant will also boast a wine program that will bring diners flavors from across the globe and into their glass.

1 Park Blvd., Downtown San Diego | 619.564.3333  
[www.sandiegobayfront.hilton.com](http://www.sandiegobayfront.hilton.com)